

**Syllabus**  
**Advanced Biomechanics**  
**BIEN 137**  
**Winter 2016**

**Course Time: TR 9:40 – 11:00 AM, MSE 003 (LEC)**  
**M 7:10 – 8:00 PM, Winston Chung 143 (DIS)**

**Instructor**

Dr. Jin Nam

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**Prerequisites**

MATH 046, PHYS 040A, BIOL 005A&B, BIEN110 or equivalents; or consent of instructor

**Course Description**

Mechanical characterization of biological tissues at the cellular, organ, and system level; exploration of biomechanical factors of physiological and pathological conditions.

**Learning Objectives**

1. Students will be able to understand biology and physiology, and acquire the capability to apply advanced mathematics (including differential equations and statistics), science, and engineering to solve the problems at the interface of engineering and biology.
2. Students will be able to make measurements on and interpret data from living systems, addressing the problems associated with the interaction between living and non-living materials and systems.
3. Students will be able to derive the governing equations for the 3-parameter viscoelastic solid, and write a computer program to display the response of viscoelastic materials to testing protocols.
4. Students will be able to experimentally determine the Young's modulus and strength of bone.
5. Students will be able to describe the fracture mechanisms of cortical and cancellous bone.
6. Students will be able to generate lists of considerations important in outflow facilities of aqueous humor for regulation of intraocular pressure.

**Methodology**

Lectures and discussion will be used to facilitate students' learning that will be evaluated by exams, quizzes and homework.

**Course Text**

**Textbook:** Introductory Biomechanics: from cells to organisms

C. Ross Ethier and Craig A. Simmons

Cambridge University Press

ISBN 978-0-521-84112-2

**Other supplemental materials:** Class notes provided by instructor

### **Evaluation and Grading**

Evaluation of Student Performance

Midterm In-Class Exam	30%
Final In-Class Exam	30%
Homework	15%
Quizzes	10%
Group presentation	15%
Total	100%

### **Course Policies**

**Late submission of assignments will not be accepted.**

**Make-up exams can only be requested prior to the exam date with valid proof of excuses**

Cheating on exams and/or plagiarism in projects will result in an F grade given for the course.

### **Final Exam**

Friday, March 24, 8:00 a.m. - 11:00 a.m.

**Course Outline (subjected to change)**

<b>Weeks</b>	<b>Lectures</b>	<b>Chapter</b>	<b>Objectives</b>	<b>Assignments Due</b>
	<b>Topics</b>			
<b>1 (Jan. 2<sup>nd</sup> week)</b>	<b>Course introduction</b>	<b>Chap 1</b>	<b>Review biomechanics principles</b>	
<b>2 (Jan. 3<sup>rd</sup> week)</b>	<b>Terrestrial locomotion</b>	<b>Chap 10</b>	<b>Introduce locomotion</b>	<b>Qz1&amp;2 HW1</b>
<b>3 (Jan. 4<sup>th</sup> week)</b>	<b>Muscles and movement</b>	<b>Chap 8</b>	<b>Discuss Muscle dynamics</b>	<b>Qz3&amp;4 HW2</b>
<b>4 (Jan. 5<sup>th</sup> week)</b>	<b>Skeletal biomechanics</b>	<b>Chap 9</b>	<b>Discuss cartilage and bone biomechanics</b>	<b>QZ5&amp;6 HW3</b>
<b>5 (Feb. 2<sup>nd</sup> week)</b>	<b>Cellular biomechanics</b>	<b>Chap 2</b>	<b>Discuss cellular mechanotransduction</b>	<b>QZ7&amp;8 HW4</b>
<b>Midterm</b>				
<b>6 (Feb. 3<sup>rd</sup> week)</b>	<b>Mechanotransduction in stem cells</b>	<b>Supp.</b>	<b>Discuss mechanotransduction in stem cells</b>	<b>Qz9</b>
<b>7 (Feb. 4<sup>th</sup> week)</b>	<b>Ocular biomechanics</b>	<b>Chap 6</b>	<b>Discuss ocular biomechanics and its relation to ocular diseases</b>	<b>QZ10&amp;11 HW5</b>
<b>8 (Feb. 5<sup>th</sup> week)</b>	<b>Circulatory system</b>	<b>Chap 4</b>	<b>Discuss vasculature and heart</b>	<b>QZ12&amp;13 HW6</b>
<b>9 (March 1<sup>st</sup> week)</b>	<b>Respiratory system</b>	<b>Chap 7</b>	<b>Discuss biomechanics of breathing</b>	<b>QZ14&amp;15 HW7</b>
<b>10 (March 2<sup>nd</sup> week)</b>	<b>Group presentation and review</b>	<b>Review</b>	<b>Group presentation and Reviews basic biomechanical principles in each system and their application to problem solving</b>	